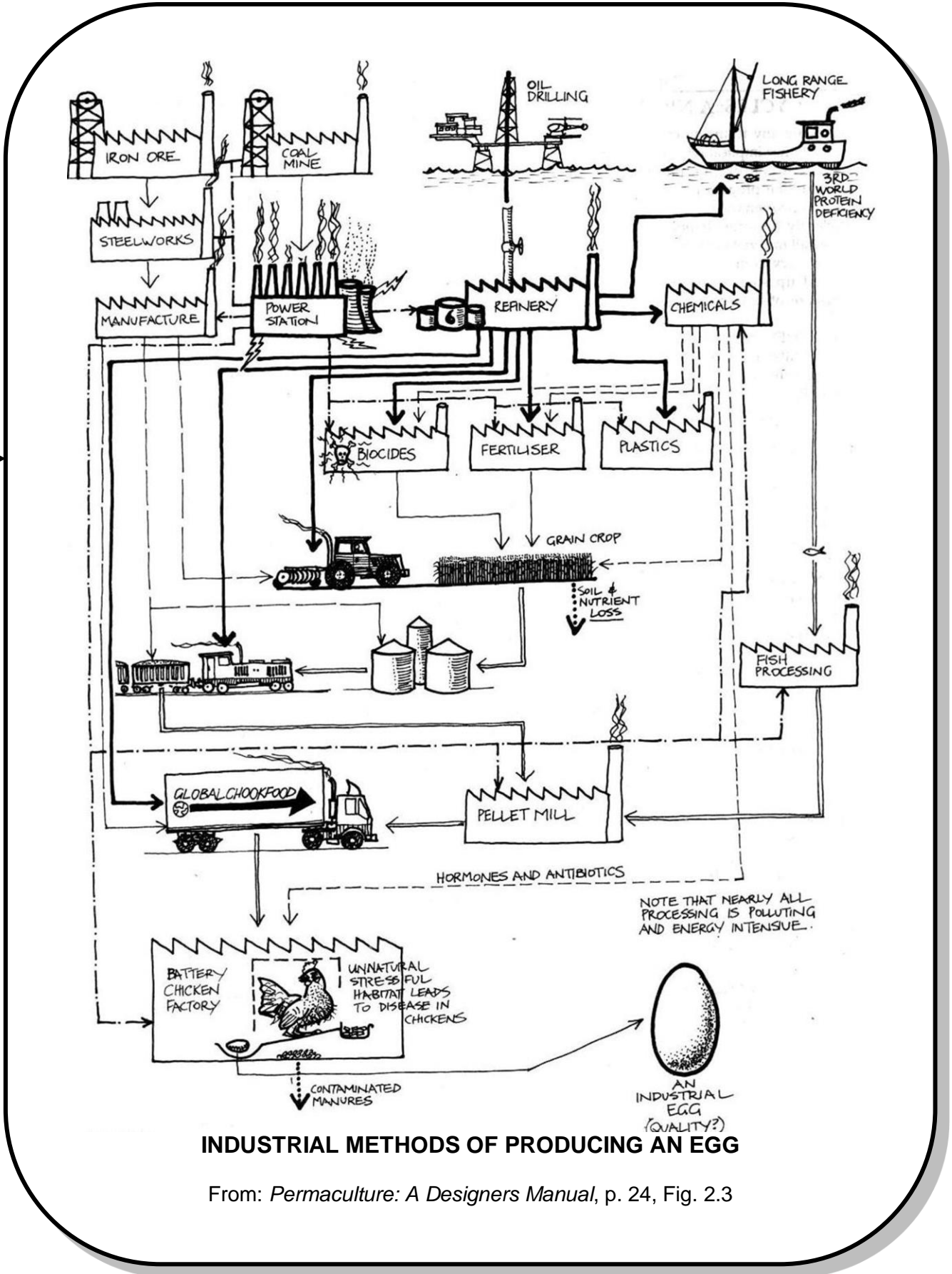


This diagram gives some idea of the energy inputs required to commercially produce an egg. The energy inputs are far greater than the food energy in the egg.



- reduced water use equals reduced energy inputs;
- increased use of home products reduces transport energy;
- encourage mycorrhizal relationships in order to lessen fertiliser inputs (e.g. use compost);
- make use of legumes and green manure crops;
- grow crops suited to the climate rather than trying to alter the conditions for the plant;
- reduce fossil fuel energy inputs (i.e. use hand tools where possible);
- install grid-connected solar power;
- install solar hot water or heat pump;
- retrofit your house to take advantage of natural cooling (e.g. attached greenhouse);
- install a rainwater tank;
- car pool or use public transport when possible;
- reduce your consumption of meat.

**H2. Catch and store energy.**  
"Make hay while the sun shines."  
By developing systems that collect resources at peak abundance, we can use them in times of need.

PRINCIPLES  
Mindmap 1.